



## **CEC 2025 Breakout Session Descriptions**

All Rooms are in Alexandria Hall.

### **Confession and Accountability - Angelle Campbell, LA Tech BCM Associate Director (Room 319)**

Practical tips for finding forgiveness, friendship and a closer walk with God through accountability and the discipline of confession!

### **Fasting - Stephen Craver, SHV BCM Director (Room 330)**

Can we be honest? We don't really think or talk much about fasting. On the other hand, the Bible talks about fasting a lot and that should get us thinking! In this session, we'll look at the Biblical practice of fasting. We'll see how this ancient practice can impact our walk with Christ today. Come hungry - well, you know what we mean!

### **Missional Spirituality - Casey Casady, Temple Baptist College Minister (Room 327)**

Come learn about spiritual practices for your everyday life. We will talk about the practices that are overlooked... Pilgrimage, Stations of the Cross, and Acts of Kindness, Bodily Prayers and MORE. Come and join us and put more tools in your personal spiritual toolbox.

### **Personal Bible Study - Andrew Willis, Calvary Baptist YA Minister (Room 241)**

Want to get more out of your Bible reading? In this breakout, we'll dive into practical tools for studying Scripture with depth and clarity, so you can move beyond confusion and start uncovering the meaning, context, and life-changing truth of God's Word for yourself

### **Personal Worship - Ellie Inman, McNeese BCM Associate Director (Room 323)**

In this seminar, we will discuss the true definition of personal worship—what it is, how we may unknowingly worship earthly idols, and how worship extends far beyond the walls of the church sanctuary.

**Prayer - Justin Woodall, Istrouma Baptist YA Minister (Room 240)**

Why do we pray? What's the point? What's the reason? In this breakout we will take time to look at the life of Jesus and learn the importance of prayer from the examples he set. Through the prayer life Jesus lived we will learn practical ways we can implement prayer into our day to day life that can draw us closer to Christ and grow us in our spiritual walk.

**Praying the Psalms - Dr. Cory Barnes, NOBTS Faculty (Room 325)**

The Psalms are more than inspirational thoughts stuck in the middle of our Bibles. The ancient prayers, songs, and laments of Israel are God's good gifts to his church! As believers, we can learn how to pray through Psalms in a variety of circumstances and emotional states. God comforts us and shapes us into obedience when we pray the Holy Spirit inspired words of the Psalms.

**Sabbath - Jeremy Woodall, NOLA BCM Director (Room 326)**

Come learn how to Sabbath well - How this one day of restoration each week can transform your relationships, your productivity, and your connection to the Lord, all by doing less! The great thing is, God gives you 52 of them a year!

**Scripture Reading Habit - Chad McClurg, ULM BCM Director (Room 224)**

**\*Session 1 and 2 Only**

Many of us have trouble developing the habit of daily scripture reading. This seminar will give practical advice based on habit formation theory and thoughts from spiritual formation history on how to begin and sustain the habit of daily Bible reading.

**Scripture Memorization - Conan Sherlin, Nicholls BCM Director (Room 227)**

Come learn about the Biblical mandate of scripture memorization, the transformative effect it has in your life, and practical ways to accomplish this spiritual discipline.

**Service - Dr. Matthew James, Vice President for Enrollment NOBTS (Room 228)**

Service - Service is often overlooked when considering spiritual disciplines, yet it is one of the primary ways that Jesus describes his followers. In this breakout, we will consider what the Bible has to say about serving the lost, the broken, and the body of Christ.

**Study Discipline of Non-Bible Materials - Wes Pierce, Cook Baptist College and Discipleship Pastor (Room 318)**

There is always a new book to read or podcast to listen to. We live in a world of many extra-biblical resources. How do we study them in a way where they are practical tools that help guide us toward Christlikeness?

## **Solitude and Silence - Garrison Griffith, FBC Wisner Senior Pastor (Room 321)**

### **\*Session 1 and 2 Only**

In the noise and busyness of college life, it's easy to feel disconnected from God's voice. This is a seminar designed to help you rediscover the power of solitude and silence—two often-overlooked practices that can transform your spiritual journey. Through practical insights and interactive discussions, you'll learn how to quiet the distractions, tune into God's presence, and develop a real, ongoing conversation with Him.

### **Seminar Offered Session 1 Only (11:00-11:50 AM)**

## **Worship Leadership - Quint Adkins, FBC Westwego Worship Minister (Room 317)**

Worship leadership is more than just music—it's a spiritual discipline that shapes both the leader and the congregation. In this breakout, we'll explore how leading worship can be an intentional practice of discipleship, humility, and spiritual growth. We'll discuss the role of Scripture, prayer, song selection, and rest in worship leadership, all while keeping the focus on ascribing to the Lord the glory due His name (Psalm 96:7). No matter the role you play in the worship gathering, this session will equip you with practical tools to grow.

<b>Breakout Sessions</b>	<b>Leaders</b>	<b>Locations</b>
Confession/Accountability	Angelle Campbell - LA Tech Associate Director	Alexandria 319
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Missional Spirituality	Casey Casady - Temple Baptist College Minister	Alexandria 327
Personal Bible Study	Andrew Willis - Calvary Baptist YA Minister	Alexandria 241
Personal Worship	Ellie Inman - McNeese BCM Associate Director	Alexandria 323
Prayer	Justin Woodall - Istrouma Baptist YA Minister	Alexandria 240
Praying the Psalms	Dr. Cory Barnes - NOBTS Faculty	Alexandria 325
Sabbath	Jeremy Woodall - NOLA BCM Director	Alexandria 326
Scripture Habit	Chad McClurg - ULM BCM Director	Alexandria 224
Scripture Memory	Conan Sherlin - Nicholls BCM Director	Alexandria 227
Service	Dr. Matthew James - NOBTS Faculty	Alexandria 228
Solitude and Silence	Garrison Griffith - FBC Wisner Senior Pastor	Alexandria 321
Study Discipline of Non-Bible Materials	Wes Pierce - Cook Baptist College & Discipleship Pastor	Alexandria 318
Worship Leaders Seminar (11AM ONLY)	Quint Adkins - FBC Westwego Worship Minister	Alexandria 317