

# Louisiana Flood Response



## Packing List – Individual

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### BRING

- › Bible, personal devotional material
- › Health insurance information
- › Durable clothes suitable for work
- › Shirts with sleeves
- › Long shorts (mid-thigh to knee)
- › Long pants – required on the work sites
- › Belts – exposed underwear is not acceptable
- › Closed toed shoes for working. **NOT TENNIS SHOES!**
- › Hat and sunglasses
- › Sunscreen
- › Insect repellent
- › Reusable water bottle
- › Ear plugs
- › Bedding, pillow, blankets, air mattress.  
Sleeping space is church floors
- › Towels, wash cloths, toiletries
- › Shower shoes
- › Flashlight/batteries
- › Camera
- › Hand sanitizer
- › Musical instruments if desired
- › Tools – hammer, nail apron, utility knife, tape measure, work gloves, safety goggles, etc.

### DO NOT BRING

- › Shirts or dresses with no sleeves
- › Shirts or dresses with spaghetti straps
- › Midriff shirts
- › Short shorts
- › Hair dryers/curling irons/flat irons
- › Knives, guns, laser lights or any other items that might be considered or used as a weapon.
- › Fireworks
- › Items not needed- particularly on jobsites:  
Valuables, computers, mp3's, jewelry, cell phones (except for leadership). We are not able to guarantee security of personal items.  
Consider disconnecting from your electronics during this short-term mission trip and get to know your teammates and co-workers.  
We are not able to provide WiFi access for volunteers.